



Ei World



1-to-1 Provider Programme

March 8 - 10

May 17-19

June 28 - 30

Become Licensed to Guide Your Individual Clients and Colleagues in the HeartMath® System



The HeartMath® 1-to-1 Provider programme prepares you to guide your clients and colleagues in HeartMath's life-changing tools and techniques.

As a Licensed 1-to-1 Provider, you will:

- Inspire and motivate clients by offering the HeartMath System of tools and technology.
- Choose from six workbooks designed for specific client needs and applications: personal development, professional development, stress reduction, sports or business performance, improved health and well-being.
- Use the emWave® Desktop and emWave® Personal Stress Reliever with clients to validate real-time measurable feedback.
- Gain commercial use of HeartMath's intellectual property and promote yourself as a licensed provider for working one-to-one.
- Receive special product discounts for ongoing use of HeartMath products and 1-to-1 coaching materials.



Ei World

Ei World is a licensed provider of the HeartMath System.

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HeartMath is a registered trademark of the Institute of HeartMath.
emWave and Personal Stress Reliever are registered trademarks of Quantum Intech, Inc.



Learn the HeartMath System

OVERVIEW

The HeartMath 1-to-1 Provider Licensing Programme is for professional and internal coaches, counsellors, therapists, health professionals and others who work with individuals in a one-on-one setting.

The HeartMath 1-to-1 Provider training programme prepares you to teach HeartMath's life-changing tools and techniques.

The programme includes a 3-day workshop, incorporating interactive exercises, practice using the materials, and an opportunity to meet people, just like you, who want to make a difference in a wide range of contexts.

You will learn how to structure a 4 to 5 session 1-to-1 programme to effect a difference in the well-being and performance of your clients. By becoming licensed, you can offer your individual clients a quick and effective way to reduce stress and achieve emotional balance and peak performance.

Existing 1-to-1 Providers have found that when a client learns the key HeartMath tools, their goals or outcomes for that client are greatly accelerated.

In the training you'll learn more about the science behind the HeartMath System and how to guide your clients through a specially designed 1-to-1 programme with the help of structured, supportive workbooks only available to clients from a licensed HeartMath 1-to-1 provider.

NEXT STEPS

If you are interested in expanding your professional services to include the HeartMath System, we welcome your submission of your application.

Fees are payable in full a month before the workshop. This is an essential lead time to ensure that your preparation materials reach you in time and that you have sufficient time to complete the pre-requisite coaching programme.

*** If you are totally new to emWave Technology, we have short introductory workshops on 17th and 18th February.**



ESSENTIAL PRE-REQUISITES ARE:

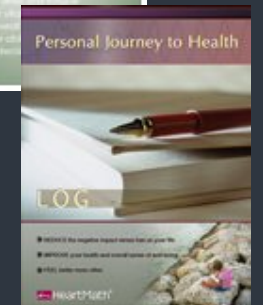
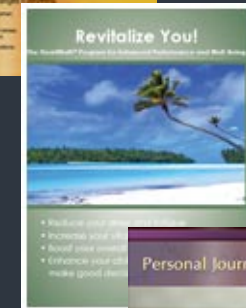
- You need to complete a 1-to-1 Coaching Programme so that you can practice the use of HeartMath tools before you start the process of learning to equip others.
- Personal experience of the HeartMath emWave technology*.

Focused Learning

LEARNING OUTCOMES

As a Licensed HeartMath 1-to-1 Provider you will:

- Learn the scientific underpinnings of the HeartMath System.
- Learn how to uncover and disengage from the negative impact stress has on your body and mind.
- Learn ten techniques in the HeartMath System for achieving physical, mental and emotional balance.
- Learn how to use HeartMath's innovative emWave technology to accelerate learning and track progress.
- Be able to support your clients to discover the heart of who they are, experience more balance in life, feel better, perform better, reduce their stress and become healthier and more resilient.



WORKBOOKS AVAILABLE FOR CLIENT COACHING





YOUR HOST

Ei World has a heritage of 10 years in developing and delivering development programmes in the UK and globally.

With a dual focus on emotional intelligence and HeartMath, Ei World is for organisations, individuals and executives looking to increase their levels of resilience and performance.

Typically we assist organisations to identify what distinguishes, predicts and maintains high performance in a particular occupational role. We then design and implement targeted development to ensure high performance is developed and maintained.

Ei World is:

- Continuing to provide world class interventions and creating business-wide impact in our client projects.
- Further developing links between Emotional Intelligence and high performance.
- Performing interventions and projects in high-stress environments, evaluating correlations between Emotional Intelligence and performance.
- Collaborating with strategic partners on a range of ground breaking initiatives.



VENUE

Our HeartMath 1-to-1 Provider Programme is held at Ei World's own training centre nestled in the Bedfordshire countryside.

Full address:

Ei World Limited, 4 Doolittle Mill, Froghall Road, Ampthill, Bedfordshire, MK45 2ND.
Tel: 01525-840090

Location:

45 minutes north of London, easily accessible by:

Car – Easy access from Junction 12 of the M1 heading north or south.

Train – 45 minutes from London St Pancras International (domestic) station, then a 5 minute taxi ride from Flitwick station where taxis are easily available. Milton Keynes is also an option which is approx 25 minutes by taxi.

Plane - 25 minutes from Luton (Taxi).
60 minutes from Heathrow (Taxi).
75-minutes from Gatwick (Train).

We can assist you to get to us safely and will help with booking trains, taxis, local arrangements where needed.

Please ask for assistance by calling us or emailing Emma Davies –
01525-840090 edavies@eiworld.org



ACCOMMODATION

Flitwick Manor of Menzies Hotels.

Situated a short drive from Doolittle Mill. (Approximately 5 minutes journey)

Due to the intensity of the course, we recommend that participants stay at the hotel for the duration of the course.

Easy access from Luton, Heathrow and Gatwick airports.

A superior category of room has been reserved at a special rate of £115, dinner bed and breakfast, based on a minimum two night stay.

Booking Hotel Accommodation – Rooms are usually pre-booked in your name by Ei World once you have registered for the workshop. Even though we have reserved a block of rooms, you will need to make your confirmation directly to the hotel so that they can keep a room for you.

Menzies Flitwick Manor

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