# TEAM PERFORMANCE POST PANDEMIC (Team P<sup>3</sup>)



## What is ...

# "Team Performance Post Pandemic?"

Team P<sup>3</sup> is designed to help you (re)create a high performing team in the aftermath of global turmoil. It is a product of over 20 years of work in the fields of emotional intelligence and emotional resilience, tailored specifically for the challenges faced today.

As our organizations begin to emerge from national lockdowns, we face a new set of challenges. The world of work that we return to will look different to the prepandemic one, and we all have to adapt to new dynamics in the workplace.

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## Organizational Challenges





Organizations are grappling with human challenges more than ever:

Remote working burnout

- Concerns that there is unlikely to be a full return to on-premise working
- Trauma resulting from pandemicrelated layoffs
- Fragile emotional wellbeing
- Less consistent and predictable team performance

## Ei World

At Ei World, our Vision is change. Our Mission is to bring balance, harmony and synergy to all. We are creating and supporting well-functioning and emotionally resilient teams and leaders worldwide.

Changing the world, one leader and one team at a time, and changing each of our lives for the better.



## How Can Team P3 Help?





RECALIBRATE THE TEAM



Establish a shared team view of the current reality, by exploring what the team has been though, the lessons brought forward, and what challenges and opportunities are afoot.



## SUPPORT MENTAL HEALTH AWARENESS

Safely and authentically explore the varied experiences and feelings within the team – to nurture a foundation of support, awareness and norming of emotion in our daily working lives.



### MINDFULLY PROGRESS FORWARD

Build on the established shared processing and understanding of experience to establish the highest aspirations of the team and how to achieve those goals.



Team P3 enables team members to chart a course for success as they return to a changed world of work.

Now is the time for the safe, open and honest team exchanges that provide the foundation for high performance.

The vision: your team recalibrates for brilliance in the post-pandemic era – with forward-focused learning and purpose, heightened resilience and an aligned path to meaningful outcomes.

Through Team P3, the team engages in conversations and exercises that create a shared understanding of varied experiences both internal and external, strengthen bonds for the new way of being at work, and heal scars that formed during the tumultuous year.

By articulating and documenting team-held wisdom and insight, the team is positioned to harness the learnings of the year. With integrated knowledge, the team is best positioned to define its highest aspirations and devise how to move forward with a concerted and deliberate approach.

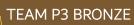
Team P3 is not just a workshop that feels good to the team in the moment. Team P3 sets in motion the team habits and ways of relating that create harmony, aligned action and elevated performance.

## Team P3 Bronze, Silver & Gold





All Team P3s are accompanied by Dr. Bharwaney's book, Emotional Resilience, handouts for the team, and actionable team output documents.



A 'plug and play' leaderfacilitated workshop, complete with an intuitive slide deck, and step-by-step, coachwritten guidelines for each exercise. Accessible online for download.

#### Download <u>here</u>



Two 2-hour Team P3 workshops, facilitated by an Ei World team coach and designed following a Team Diagnostic call; complete with a Team Health Check Survey pre- and post-workshop, and Impact Review.

#### TEAM P3 GOLD

Designed for Leadership and Critical teams, four 2hour coach-facilitated workshops designed following the Team Diagnostic call, a Team Health Check Survey preand post-workshop, the world-renowned Team Emotional Intelligence Survey, and access to Ei World's emotional resilience app, STARS.



Ei World 's team of coaches designed three levels of the Team P3 engagement, from leader-facilitated conversations, to Ei World coach-led team workshops, to an emotional intelligence leadership team development program.

Accessible and practical, Team P3 is designed to recharge your team's brilliance – inspiring sustainable post-pandemic team well-being and performance.

## Who We Are

**Ei World** is a globally recognized boutique consulting firm that understands that the future of work is about rethinking the way work gets done. We know that business and digital transformation requires human transformation and that Emotional Intelligence is at the core of the human being.

Being one of the very first companies to focus entirely on applying emotionbased research to talent development, Ei World has led the way in leadership development, team effectiveness and CEO coaching over the past 21 years, across 45 countries.

We help companies enable the power of your people to gain competitive advantage and positive outcomes in the most challenging of times.

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