

# **TEAM PERFORMANCE ESSENTIALS**

Based on the research behind the concept of Team Emotional Intelligence

> **'Name of Team'** 25 July 2023

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## Introduction

This report presents your team's responses to the Team Emotional Intelligence Survey. The Team El Survey assesses team member perceptions of how strongly the team is guided by a set of norms exhibited by the highest performing teams. Team norms are informal rules, expectations and habits that make behaviour in teams predictable. All teams have norms. In average-performing teams, norms tend to unconsciously emerge. High-performing teams deliberately develop effective norms.

Research shows a link between team performance and every norm in this survey. Still, because each team's context is unique, the report does not provide solutions or information about which norms are most important for a team. Nor does it provide a prescription for how any norm should be executed. The application of each norm should be adapted, by the team, to meet its unique needs.

We recommend that your team discuss the data in this report to decide which norms would be most helpful for improving its process and performance. Priorities for change and the actions that will support change work best when they emerge from team discussions and agreements about the norms and actions that will help the team achieve its goals.

Vanessa Urch Druskat, Ph.D. and Steven B. Wolff, D.B.A, developed the survey in 1999. It is based on over 20 years of research on emotional intelligence and team performance.

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## Your Team Report

The Team Emotional Intelligence Survey measures the strength of your team in three essential areas that support team performance: Team El Norms, Team Fundamentals, and Team Social Capital. These are explained below.

- **Team Fundamentals** provide a foundation for team performance but, by themselves, lead only to average performance.
- Assuming the Fundamentals are in place, operating with strong **Team El Norms** will move the team from average performance to high performance by building Team Social Capital.
- **Team Social Capital** is an asset that increases commitment, improves the quality of team member interactions, and leads to high performance.

#### Team Emotional Intelligence Norms

Team Emotional Intelligence (Team EI) is defined as a team culture that builds a productive social and emotional environment (i.e., social capital) that leads to constructive interactions, collaborative work processes and team effectiveness. A Team El culture is created by a set of nine norms.

Team El differs from individual emotional intelligence, which focuses on individual behaviour. Team El focuses on the team as a system and, specifically, on the team norms that affect behaviour in a team.

The 9 norms are divided into three categories that represent the three levels of interaction in the team:

3 Levels	9 Norms
	1. Understand Team Members
Individual	2. Address Unacceptable Behaviour
	3. Demonstrate Caring
	4. Review the Team
_	5. Support Expression
Team	6. Build Optimism
	7. Solve Problems Proactively
External	8. Understand Team Context
External	9. Build External Relationships

#### **Team Emotional Intelligence Norms**



#### **Team Fundamentals**

- Team Fundamentals are actions and processes shown by six decades of research to affect team performance. Without these fundamentals, teams struggle to reach even average levels of performance.
- Team Fundamentals include: clear goals and objectives, effective meeting processes, and clear roles and responsibilities for team members.
- They provide a foundation from which Team El Norms facilitate higher performance.

Γ	eam Fundamentals
	Goals & Objectives
	Meeting Processes
	Roles & Responsibilities

#### **Team Social Capital**

Operating with Team El Norms produces Team Social Capital, relational conditions that support team members' trust and engagement in the team. The survey includes three elements of social capital:

T	eam Social Capital
	Psychological Safety
	Team Identity
	Constructive Dialogue

Team Social Capital is necessary for achieving high levels of collaboration and performance; however, it cannot be commanded or required of a team. It emerges from team member relationships and interactions, which are shaped by team norms.





## Interpreting and Using the Feedback

The ratings in the report represent the average of all responses provided by team members. We recommend looking at the relative ratings across all of the norms and questions, rather than the averages alone. What are the team's relative strengths and opportunities for improvement? Keep in mind that every team is different and the relevance of specific norms will depend on the team's work.

The report also includes information about the **range** of member responses for each norm and each question. Long **range** bars usually mean that members are having different experiences in the team. This is important for understanding a team's challenges. For example, long **range** bars often reveal that some members feel respected and included in the team and some do not, which usually produces uneven participation and levels of engagement.

Avoid the trap of attempting to identify who provided specific responses. Guesses are usually inaccurate. Lower ratings frequently come from brave "truth tellers".

#### Purpose of the Survey

То	:	Not to:		Not to:	
•	Provide data-driven information about a team's norms that can be used for development and improvement.	•	Focus on individual team members.		
•	Generate team member dialogue that allows the team to take ownership for its norms and performance.	•	Blame team members or stakeholders.		
•	Help the team identify action steps that will best help it achieve its goals.				

#### How to Read The Data

Scoring Key	How to read the graphs	Questions to ask when reading the data
1 - Strongly Disagree 2 - Disagree 3 - Neutral 4 - Agree 5 - Strongly Agree	Each graph shows the mean score (average) in the middle of each bar. The length of the bar represents the range of team member ratings from the lowest rating to the highest rating. The distribution of ratings is not provided because it is not relevant to understanding team functioning. Even one person's view and behaviour can affect team collaboration and performance.	What do the data show to be your team's current strengths and opportunities for improvement? What patterns or themes emerge from the data? What stands out to you as behaviour that might be hindering your team's collaboration and performance?



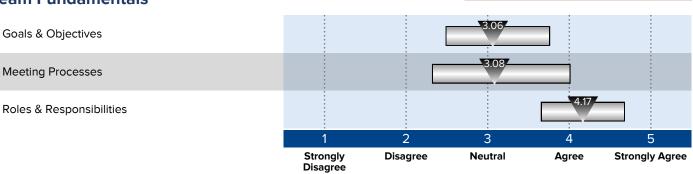


#### **Team Performance Overview**

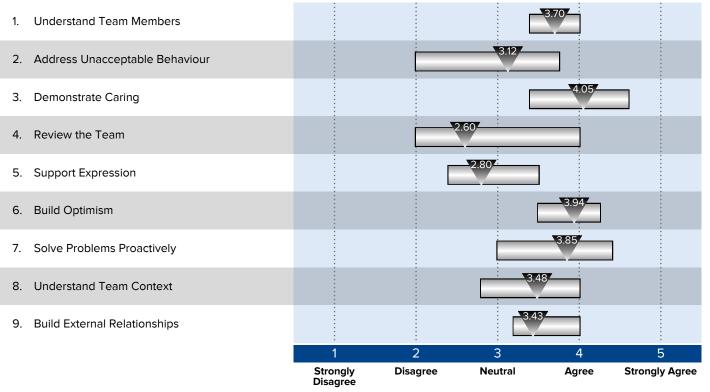
**KEY:** The grey Bar represents the range of your team member responses.

The Triangle represents the average of your team member responses.

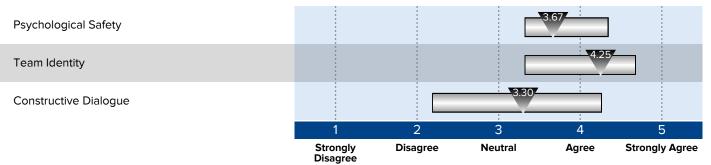
#### **Team Fundamentals**



#### **Team Emotional Intelligence Norms**



#### **Team Social Capital**

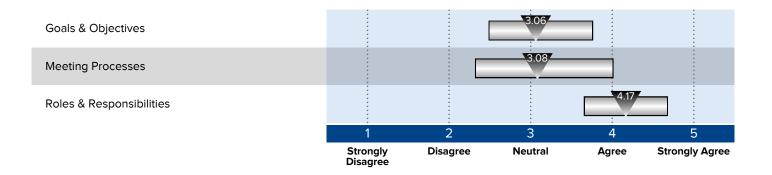




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#### **Team Fundamentals**

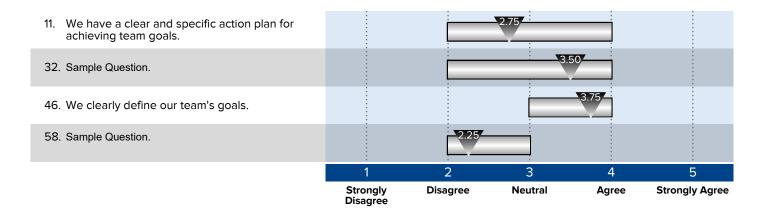
The fundamentals consist of three actions and processes identified by six decades of research to be essential to a team's performance. Teams that do not build a strong foundation in these fundamental areas struggle to achieve even average levels of performance. Team Fundamentals provide a foundation from which Team El Norms facilitate higher performance.





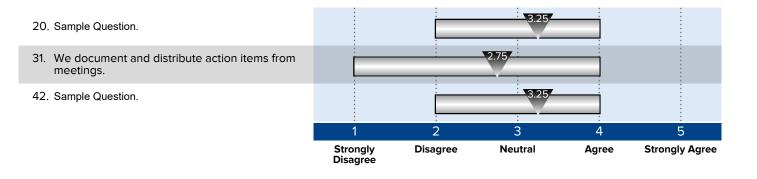
## **Goals & Objectives**

The degree to which a team has shared goals and up-to-date action plans and timelines.



## **Meeting Processes**

The degree to which a team organises productive meetings.





#### **Roles & Responsibilities**

The degree to which a team defines clear role expectations for each team member.

 9. Sample Question.
 375

 16. Members understand what is expected of them in this team.
 4.25

 56. Sample Question.
 1
 2
 3
 4
 5

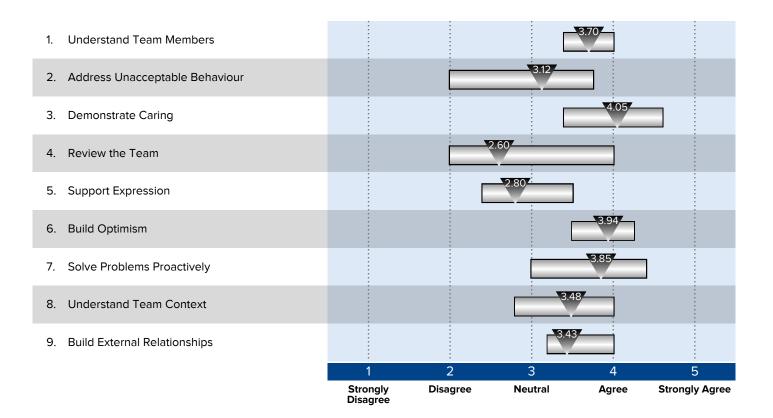
 1
 2
 3
 4
 5

 Strongly
 Disagree
 Neutral
 Agree
 Strongly Agree



## **Team Emotional Intelligence Norms**

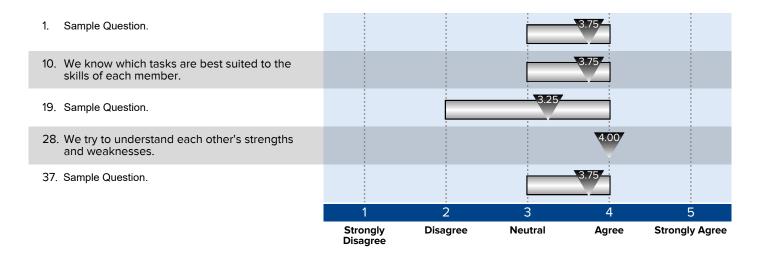
Team Emotional Intelligence is defined as a team culture that builds a productive social and emotional environment (i.e., social capital) that leads to constructive interactions, collaborative work processes and team effectiveness. Team El culture is created by the following set of nine norms:





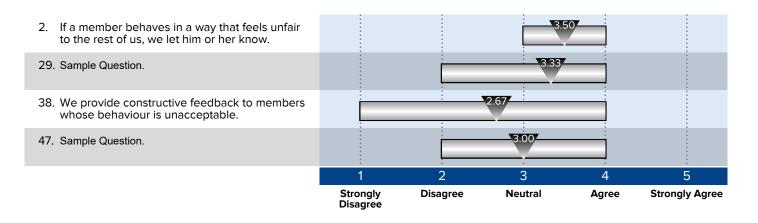
## 1. Understand Team Members

The degree to which a team attempts to understand the needs, perspectives, skills, and emotions of its members. This norm affects the team's ability to build team psychological safety and an inclusive team identity.



## 2. Address Unacceptable Behaviour

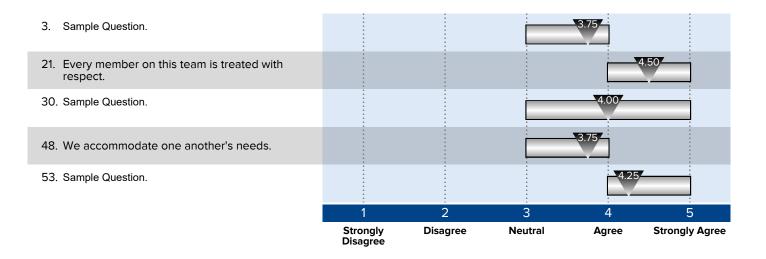
The degree to which a team addresses behaviour considered unacceptable or that harms team effectiveness. This norm affects team members' sense of accountability and builds team psychological safety.





## 3. Demonstrate Caring

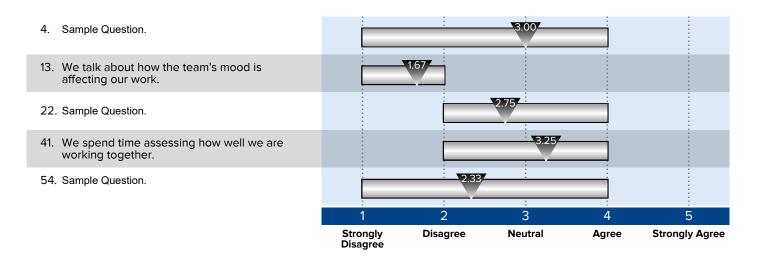
The degree to which a team cares for, supports and involves team members by treating them with respect. This norm affects the team's ability to build team psychological safety and develop an inclusive team identity.





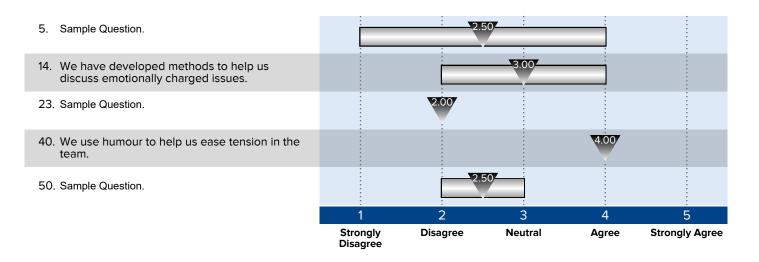
## 4. Review the Team

The degree to which a team takes actions to assess the effectiveness of its norms, processes, and performance. This norm affects the team's ability to build constructive dialogue.



## 5. Support Expression

The degree to which a team creates resources to enable members to more easily express honest thoughts and feelings. This norm affects the team's ability to build constructive dialogue.

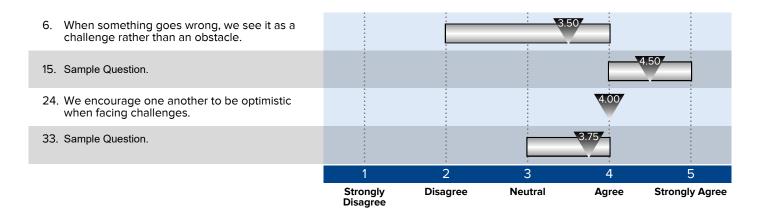




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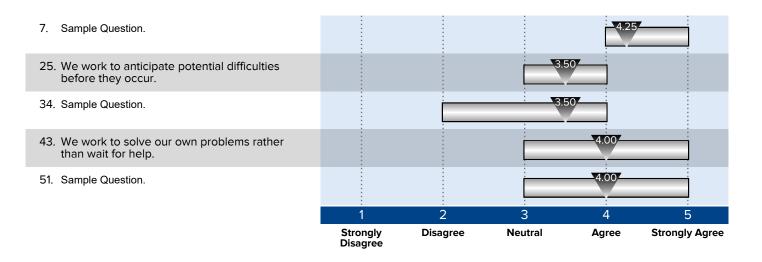
## 6. Build Optimism

The degree to which a team stays hopeful, optimistic, and constructive in the face of day-to-day and larger challenges. This norm affects the team's ability to build constructive dialogue.



## 7. Solve Problems Proactively

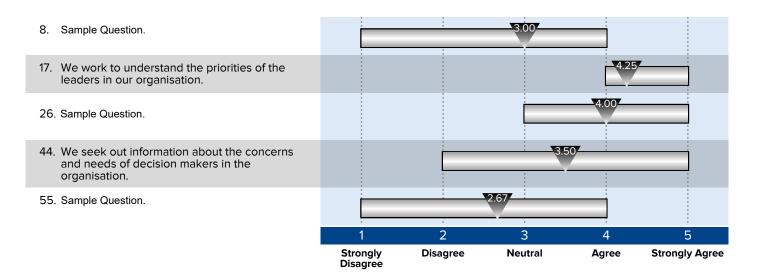
The degree to which a team anticipates problems (or challenges) and actively works to prevent or address them. Also, when a problem does arise, the degree to which the team takes quick action to solve it. This norm affects the team's ability to build constructive dialogue.





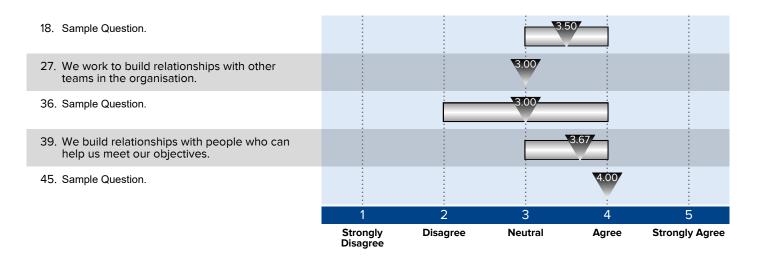
## 8. Understand Team Context

The degree to which a team takes actions to understand the needs and concerns of its stakeholders and others who can provide resources and affect team performance. This norm affects the team's ability to build a strong team identity.



### 9. Build External Relationships

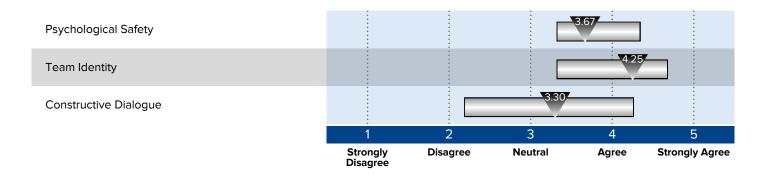
The degree to which a team actively builds relationships with stakeholders and those who can provide resources and affect team performance. This norm affects the team's ability to build a strong team identity.



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### **Team Social Capital**

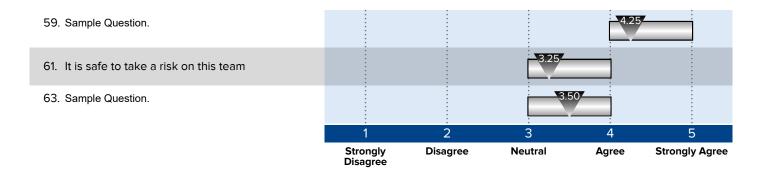
Operating with TEI Norms produces *Team Social Capital*, relational conditions that support team members' trust in one another and ability to work well together. Team Social Capital is necessary for achieving high levels of collaboration and performance; however, it *cannot* be commanded or required of a team. It emerges from interactions, which are shaped by team norms.





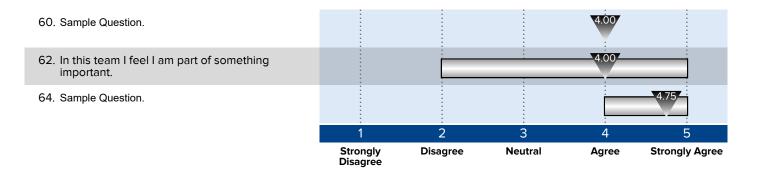
## **Psychological Safety**

The degree to which members feel free to speak openly and honestly and take risks in the team.



## **Team Identity**

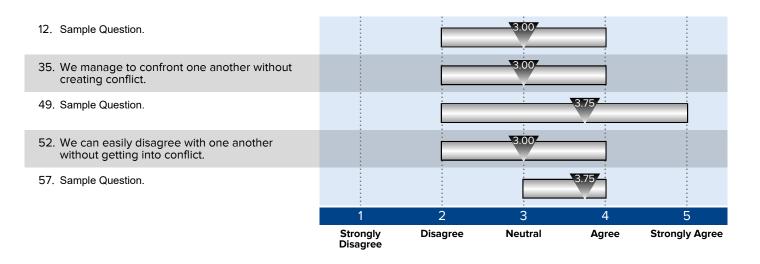
The degree to which team members feel they have a strong inclusive identity and feel good about belonging to the team.





#### **Constructive Dialogue**

The degree to which the team is able to generate constructive dialogue that explores and integrates divergent information and perspectives.





## **Highest & Lowest Scoring Questions**

#### Highest:

<b>Team Identity</b> 64. Sample Question.					4.75
<b>Build Optimism</b> 15. We encourage a positive outlook in this team.					4.50
<b>Demonstrate Caring</b> 21. Sample Question.					4.50
<ul> <li>Roles &amp; Responsibilities</li> <li>56. Members know their individual responsibilities in this team.</li> </ul>					4.50
<ul><li>Solve Problems Proactively</li><li>7. Sample Question.</li></ul>				4.25	<b>7</b>
	1	2	3	4	5
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

#### Lowest:

<b>Review the Team</b> 13. Sample Question.		1.67			
<ul><li>Support Expression</li><li>23. We have expressions we use to make it easier to discuss moods and feelings in the team.</li></ul>		2.00			
Goals & Objectives 58. Sample Question.		2.25			
<ul><li>Review the Team</li><li>54. We seek feedback from outside of the team to help us evaluate how we are performing.</li></ul>		233			
<b>Support Expression</b> 50. Sample Question.		2.5			
	1	2	3	4	5
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree



## Team El Survey Report At-a-glance

#### **Team Fundamentals**

	Range	Average
Goals & Object	ives	
Q.11	2	2.75
Q.32	2	3.50
Q.46	1	3.75
Q.58	1	2.25
Meeting Proces	sses	
Q.20	2	3.25
Q.31	3	2.75
Q.42	2	3.25
Roles & Respon	nsibilities	
Q.9	1	3.75
Q.16	1	4.25
Q.56	1	4.50

#### Team Emotional Intelligence Norms

	Range	Average
Understand Te	am Members	
Q.1	1	3.75
Q.10	1	3.75
Q.19	2	3.25
Q.28	0	4.00
Q.37	1	3.75
Address Unaco	eptable Behavi	our
Q.2	1	3.50
Q.29	2	3.33
Q.38	3	2.67
Q.47	2	3.00
Demonstrate C	aring	
Q.3	1	3.75
Q.21	1	4.50
Q.30	2	4.00
Q.48	1	3.75
Q.53	1	4.25
		4.25
Review the Tea		
Q.4	3	3.00
Q.13	1	1.67
Q.22	2	2.75
Q.41	2	3.25
Q.54	3	2.33
Support Expres	ssion	
Q.5	3	2.50
Q.14	2	3.00
Q.23	0	2.00
Q.40	0	4.00
Q.50	1	2.50
Build Optimism	ı	
Q.6	2	3.50
Q.15	1	4.50
Q.24	0	4.00
Q.33	1	3.75
Solve Problems	s Proactively	
Q.7	1	4.25
Q.25	1	3.50
Q.34	2	3.50
Q.43	2	4.00
Q.51	2	4.00
		4.00
Understand Te		2.00
Q.8	3	3.00
Q.17	1	4.25
Q.26	2	4.00
Q.44	3	3.50
Q.55	3	2.67
Build External		
Q.18	1	3.50
Q.27	0	3.00
Q.36	2	3.00
Q.39	1	3.67
Q.45	0	4.00

#### **Team Social Capital** Range Average **Psychological Safety** 4.25 Q.59 1 1 Q.61 3.25 Q.63 1 3.50 **Team Identity** Q.60 0 4.00 Q.62 3 4.00 1 Q.64 4.75 **Constructive Dialogue** 3.00 Q.12 2 Q.35 2 3.00 Q.49 3 3.75 Q.52 2 3.00 Q.57 1 3.75

#### Key:

Range less than or equal to 2.5
Range greater than 2.5 to 3.5
Range greater than 3.5
Average of 4 to 5
Average of 3 to less than 4
Average less than 3



20

## **Responses to Open-Ended Questions**

#### 1. What is your team doing well and should continue doing?



#### 2. What is your team not doing now that it should start doing?



#### 3. What is your team doing now that it should stop doing?



# 4. Is there anything else you would like us to know about your team and how it functions?



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For further information about High-Performing Teams and Team Emotional Intelligence, please consult:

W: eiworld.org | geipartners.com